

LDN Health Tracker App

Overview

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- Benefits of LDN Health Tracker
- Security and Data Privacy
- myLDN Details
- LDN Hub Cost
- Questions

Tool Overview



LDN Hub Data
Web Access

The diagram illustrates the data flow. A large blue circle in the center is labeled 'LDN Hub Data Web Access'. A curved arrow on the left points towards this circle. To the right of the circle, two blue double-headed arrows indicate bidirectional communication between the hub and two healthcare professional icons (a male doctor and a female doctor). Below these arrows is an icon of a presentation board with a green line graph showing an upward trend.

myLDN Free Smartphone App
iPhone devices- or – Android devices
myLDN Free on PC's and Mac's

Purpose

The Prescriber/Pharmacy Portal makes it possible for medical providers, pharmacists or researchers to monitor their patients' responses to LDN real time in a standardized data repository

Process Overview

- Patients use the free myLDN app to track their dose, sleep, pain, mood, QoL, disability, weight, and more
- Patients can grant access to this data by entering their provider's code license number and confirming their consent
- Prescribers/Pharmacists can then monitor their patients' progress via the LDN Hub Provider's Portal by adding the patients ID

Benefits of myLDN Health Tracker

- Intuitive software makes it effortless for LDN users to enter track their progress
- Providers will be able to see each patient's ratings of their experience with LDN, including informative charts and graphs
- Data can be downloaded for further analysis, as desired
- LDN statistics are available across a large number of users and can be used to further clinical trials
- myLDN can be sync'd across devices



Security & Data Privacy

- LDN Hub is secure, password protected, and the patient is ultimately in control of allowing access to their data
- The patient provides access to their data by entering their providers license number into myLDN
- All data is anonymous and held securely
- No personal data, such as emails, or addresses are tracked, only an ID number (*and name only if the patient decides to do so*)
- The patient can remove access to their data at any time by removing their providers license number

(See next slide)



myLDN Screenshot

O2-UK 23:03

My Health Professionals

Allow your Health Professionals to view your progress with LDN. Your Health Professional will initiate this request, you do not need to do anything until they ask you.

My ID: 4990
Give this ID to your Medical Professional

Medical Professional License No.
Enter license number

Add your Medical Professional's license number here to allow them access to your myLDN records.

Pharmacist License No.
Enter license number

Add your Pharmacist's license number here to allow them access to your myLDN records.

SAVE DETAILS



myLDN Details

- Keep track of changes in LDN dosage
- Record how LDN affects you in:
 - ◆ Quality of Life
 - ◆ Sleep patterns
 - ◆ Pain
 - ◆ Mood
 - ◆ Energy

myLDN Details *(continued)*

- Track additional medications or supplements, dosage and frequency
- Set reminder alarms to take your LDN and other medications
- Track any diet items which might have affected you
- Track exercise
- Track any additional medical aids
- Journal your progress
- View graphs of data entered

myLDN Details *(continued)*

- Create and print PDF reports of your data for your medical provider
- Receive notifications from LDN Research Trust directly via the app
- Document specific questionnaires for Multiple Sclerosis, Fibromyalgia, Chronic Fatigue Syndrome, Spinal Cord Diseases, and Alcohol Use Disorder

LDN Hub Sign-Up

Secure | https://www.ldnhub.org/



Login

Sign Up

Email Address

Password

Country

Select

Name

Role

Select

Licence Number

Title

Select

Website

Sign Up

Already Member?



LDN Hub Login

← → ↻ 🏠 🔒 Secure | https://www.ldnhub.org/ 🔍 ☆

LDN
RESEARCH TRUST

Login **Sign Up**

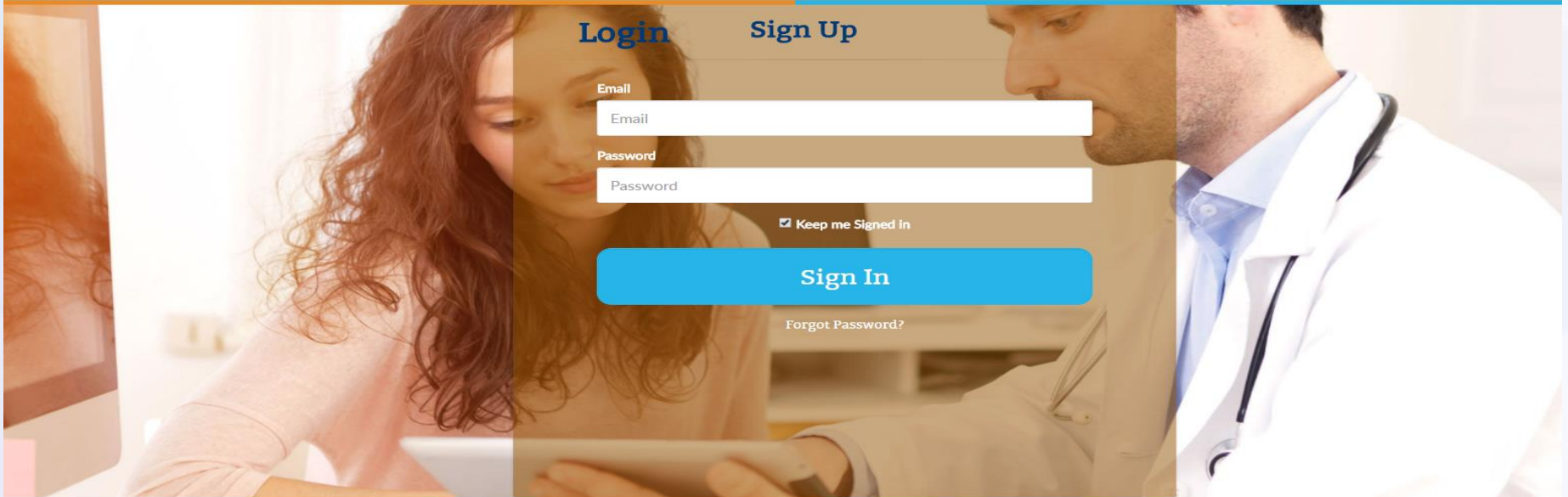
Email

Password

Keep me Signed In

Sign In

[Forgot Password?](#)



LDN Hub Dashboard

Secure | https://www.ldnhub.org/



Search

Dashboard [Profile](#)

Hello

HIDE DATE FILTER

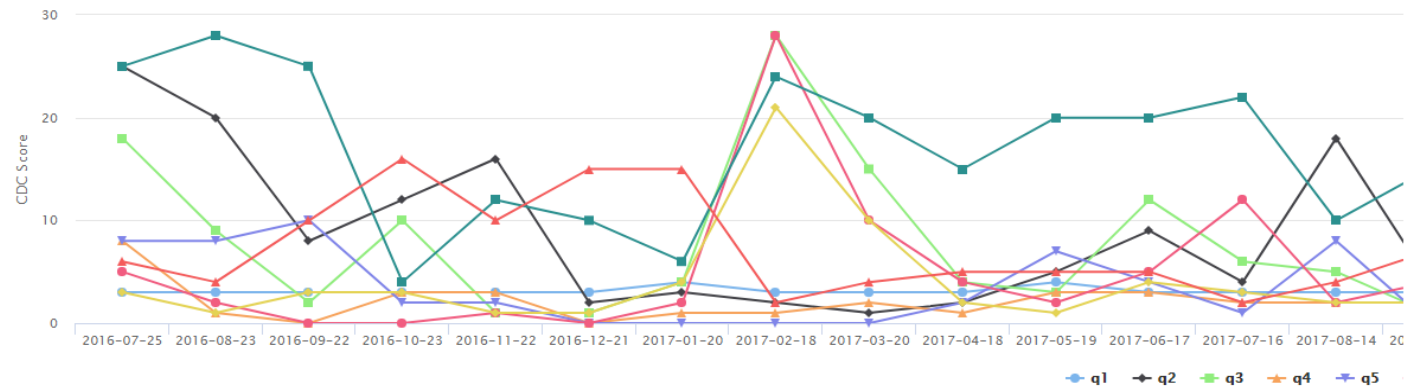
Patient ID:- 1712

Graph Start Date Graph End Date **RELOAD**

CDC Data **Oswestry Data** Prescription Meds Weight Pain Sleep Current Dose & Dose History LDN Taken Tracker My day CFS Fibro Tracker

Show Patient Data

CDC QUESTIONNAIRE RESPONSE

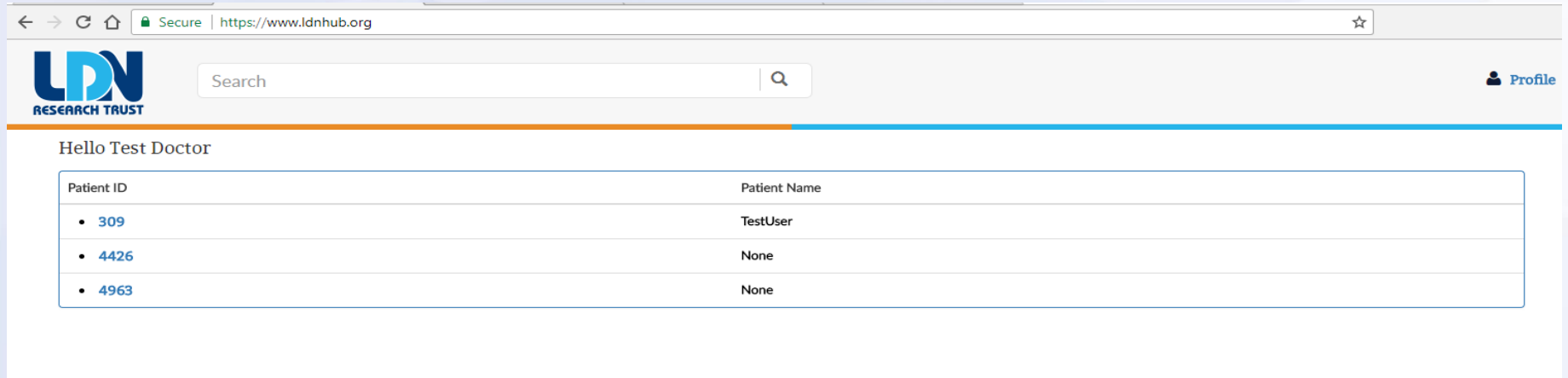


Description:

1	2	3
q1	Would you say that in general your health is:	1 = Excellent 2 = Very good 3= Gr



LDN Hub Patient View



Secure | https://www.ldnhub.org

LDN RESEARCH TRUST

Search

Profile

Hello Test Doctor

Patient ID	Patient Name
• 309	TestUser
• 4426	None
• 4963	None

- ◆ Patient's ID number can be selected, or
- ◆ A search function can be used
- ◆ The **Patient Name** field will only show something if the app user has chosen to record their name in the app

LDN Hub Cost

- Initial registration until the end of the year
(one time fee)
 - ◆ £300 GBP
 - ◆ Allows the doctor/pharmacist to register and view the data of an unlimited number of patients
- Annual renewal cost will be
 - ◆ Based on number of registered patients on 1st January each year
 - ◆ From £2 - £10 GBP per patient per year
 - ◆ The price brackets are 25-50, 50-100, 100-250, 250 – 500, 500-1000, over 1000

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Questions

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For questions or additional information,
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For technical support contact:
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