



2nd International LDN Awareness Week October 18 – 24th 2010

Get Involved!

October is only a short five months away so now is the time to start thinking about how you can support International LDN Awareness Week in your part of the world.

LDN Aware works when people take action at the local level. An easy way to do this is to download the ILDNAW2010 press release off LDNAware.org and send it to your local newspaper, television, radio and Internet. The media is always looking for new stories, so if you or someone you know has had success with LDN tell people about it. The more people who know about LDN the more people will benefit from LDN. It's up to you to spread the word.

**Need help?
Contact us anytime.**

We are looking for LDN Advocates around the world to help with the Awareness Week, if you want to get involved we would like to hear from you.

LDN Conference Birmingham October 23rd

Coinciding with ILDAW2010 is a new, one-day conference in the Midlands, UK. To learn more about the conference agenda and register online visit:

<http://birmingham2010.ldnresearchtrust.org/>

Attendance is limited to 150 people so if you are interested in attending make sure to register soon to reserve your seat.

Finally, Linda Elsegood of the LDN Research Trust is always looking for volunteers. If you can spare a little time to help her in coordinating the many activities surrounding LDNAW2010 please send Linda an e-mail at:

contact@ldnresearchtrust.org

Letter from Canada - Jayne Thomas

Hey there my fellow Canadian LDNers (and hopefully future ones at that)

This has been an exciting time for us at LDNAware and LDN Research Trust. We now have Youtube channels and I will post the links to them momentarily. Go to the channels and you will find testimonials, conferences, Drs. statement etc. This is another form of media that we feel will reach out to the world, educating everyone about LDN and it's benefits.

What would be wonderful, is this. Could you pass on the links to your friends so they may learn.... It's "paying it forward". Who knows who else may need Low Dose Naltrexone and being able to watch and put a face to the words of the testimonials is a wonderful affirmation of the "miracle" of this one little pill.

Also, for those advocates of LDN out there, what I would like to ask of you is this. If you have a web cam, are on LDN and are proud of the progression you are making, would you like to make a Youtube video of yourself? You will need to create a Youtube account, which takes all of 5 minutes, so you may then download your video. This is a way of creating an LDN Movement. The more testimonials the better. The more Awareness the better, for yourself and anyone else who needs it, not to mention the medical professionals. We need them to realize how serious we are about LDN. We need them to know how much we believe. Maybe, the faces telling their own story will help.

If you are that advocate and willing to make a Youtube video for our Movement, please send the Youtube link to jaynethomas.ldnaware@hotmail.com and I will post it under your own file. After this, you can have your own account which we can subscribe to you, still put you in our file and help the world follow your progress. This way if you would like to make updates on your progression, you will be able to share them globally.

So, if you are that advocate, I look forward to receiving your videos to post. Now, the links to our new channels are as follows:
This is our LDNAwareness channel
<http://www.youtube.com/user/edannajaynes59>

This is our LDN Research channel
<http://www.youtube.com/user/TheLDNresearchtrust>

With much respect for each and every one of you, and thanking you with the highest of gratitude, until next time, be well and keep believing in LDN and yourselves.

Peace and Light *Jayne Thomas*

Thank you Jayne!



Glasgow LDN Conference

Despite Mother Nature's volcanic fun, the 2nd International took place on April 24th in Glasgow, Scotland. While flight cancellations prevented many from attending, others quickly stepped-in and the conference was a success. For a summary report on the conference proceedings visit:

<http://www.bigonldn2010.com/2010/2010-ldn-conference-report-79509>

Show Us the Money

While spreading the word about LDN over the Internet costs LDNaware.org very little and we have reached so many, conducting conferences requires more of an investment. One of our goals is to start broadcasting conference proceedings worldwide over the Internet in order to reach a larger audience. To do this we need to raise funds to pay video production and Internet technology providers. We are exploring numerous ways of doing this but need your help in what works best in your part of the world. If you have an idea on how to raise charitable donations please let us know.

Of course, if you would like to make a donation now please visit the Donate page of www.LDNaware.org

How about sending me your story?

How are you spreading the word?

What benefits have you experienced from LDN?

Until next time, and to your good health,

Malcolm West

**The more people who know about LDN
the more people benefit from LDN.**

Contact Us

Website: www.ldnaware.org

**Malcolm West
Editor – LDNaware.org**



**Funds are
needed!**